

1. Competence and qualification of Kids Instructors
2. Aims of Kids Instructor courses

Bild 3

### 3. Structure and content of Kids Instructor courses

4. Kids Instructor – getting started as snow sports instructor

Bild 4

## Kids Instructor Course Program

	Day 1	Day 2	Day 3	Day 4	Day 5
<b>Practice</b>	Workshops Technique and Snowgarden	Workshops Technique and Snowgarden	Topic: Blue League Teaching	Topic: Red League Teaching	Exams methodology and technique
<b>Theory</b>	Introduction to profession of children's instructor Concepts	Levels of development First aid	Rights and duties Children's equipment	Exam theory	
<b>Contents</b>	<b>Snowgarden:</b> - Story of Snowli - Get to know activities - Introduction to teaching material - Methodical and pedagogical concepts	<b>Technique:</b> - Technical concept - Forms tested in exam	- Forms of Blue League - Coordinative abilities - Methodical and pedagogical concept - Teaching aids	- Forms of Red League - Methodical and pedagogical concepts - Structuring of lessons or workshops	

## Structure and Content on the basis of SSL



## Swiss Snow League MP1

BLUE LEAGUE Prince/Princesse

SKI – Blue Prince/Princesse

# 1.

Info über die Ausrüstung

2. Aufsteigen mit Treppen- und Scherschritten am leicht geneigten Hang  
*Climbing by side stepping and terringbone (scissor) stepping on a gentle slope*
3. Fahren in paralleler Skistellung in der Falllinie und Bogentreten bergwärts bis zum Anhalten  
*Skiing with skis parallel in the fall line and step turning uphill until you stop*
4. Gleiten und Bremsen im Pflug  
*Gliding and braking with the snow plough*
5. Pflugdrehen  
*Snow plough turns (wedge turns)*

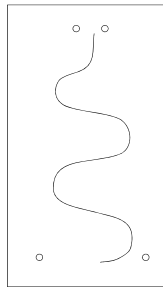
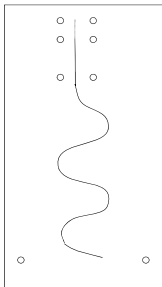


## Technical Forms Tested in Kids Instructor Exam

Wedge – Wedge turn

Parallel turn

Step turn



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Bild 6

#### 4. Kids Instructor – getting started as snow sports instructor

- Approaching the activity of a snow sports instructor
- Get to know the philosophy of Swiss Snowsports
- Gain insight into teaching material
- Present the diversity of Swiss Snowsports
- Advertise education courses



**Questions ???**

**Swiss Snowsports wishes you a nice workshop and a lot of new ideas!**