



SIAS
SKI INSTRUCTOR ASSOCIATION SAN MARINO

**SAFETY THROUGH
CONSCIOUSNESS**

(BEING SAFE “INSIDE”)





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**SAN MARINO SNOWSPORT
ASSOCIATION AND
INSTRUCTORS FULLY
SUPPORT AND ENFORCE
ISIA'S SECURITY MINIMUM
STANDARDS**





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OUR PROGRAM :

2,5 days FIRST AID + BLS,

7 days SNOW + AVALANCHE + WEATHER,

1 day SAFETY DRIVING CAMP,

1 day SKIING REGULATIONS (FIS AND ITALIAN LAWS)





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**THAT SAID, LET'S LOOK INTO
SOME ADDITIONAL POINTS
AS SKIING INSTRUCTORS
CANNOT INVADE ALPINE
GUIDE CORE TASKS
AND A LOT OF ACCIDENTS
HAPPEN ON PISTS AS A
RESULT OF MISCONDUCTS**





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Why all those skies? Why there?





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And what does security / safety mean?





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Our belief is that
competence regarding safety issues
is far more complex (and simple)
than people think.





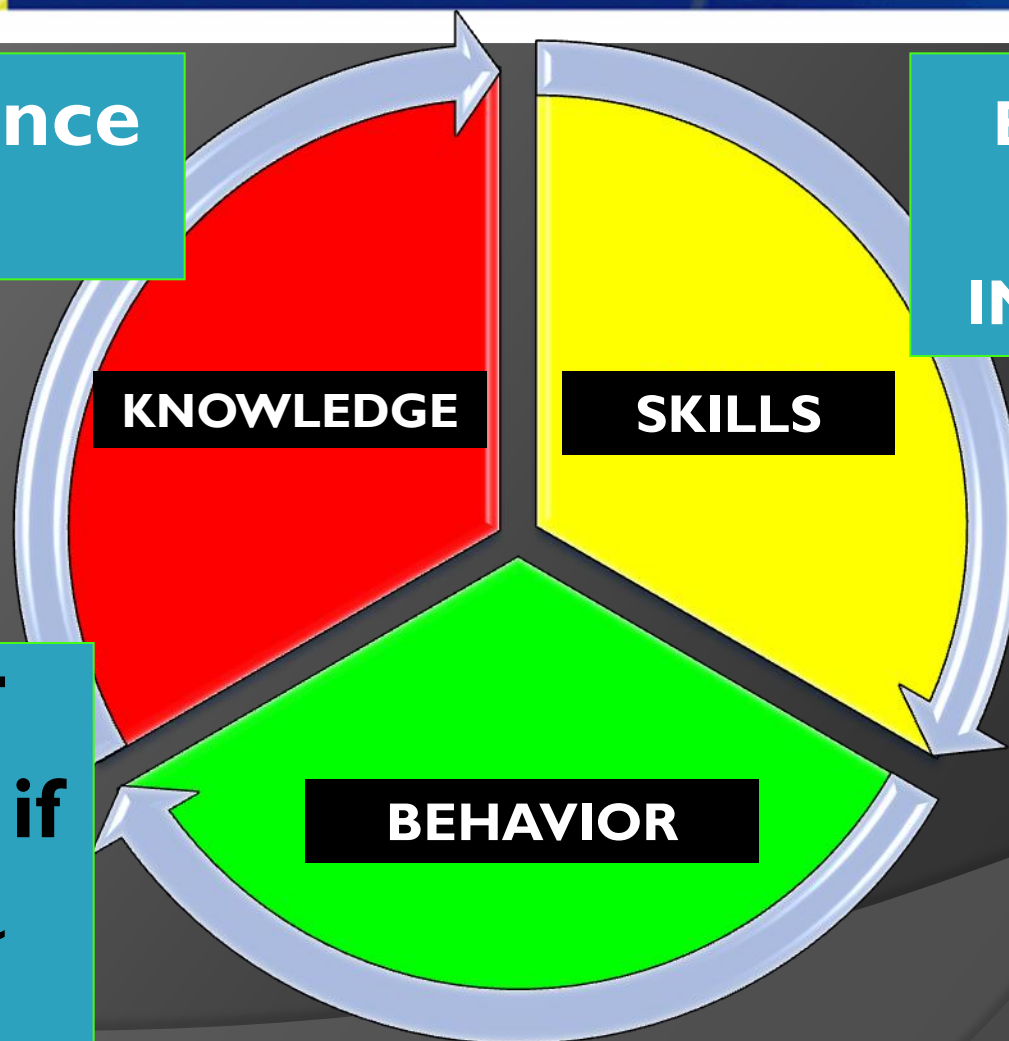
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**Competence
circle**

Each step is
**VERY
IMPORTANT**

**It's NOT
complete if
there's a
gap**





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What is Knowledge ?

- **Skiing techniques:** Country reference books, Speed test etc. (many manuals are available)
- **Safety techniques:** BLS, Transceiver, Avalanche, Rescue, Weather, Maps, etc. (many manuals are available)
- **Psycho pedagogy:** Relationship and communication models (many manuals are available)





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Knowledge is very important ...
but according to us ...
some aspects are more
important than others !!





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I.E. TO LEAD A GROUP SAFELY ...





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I.E.TO EXPLAIN THAT PISTS ARE NOT RACING TRACKS

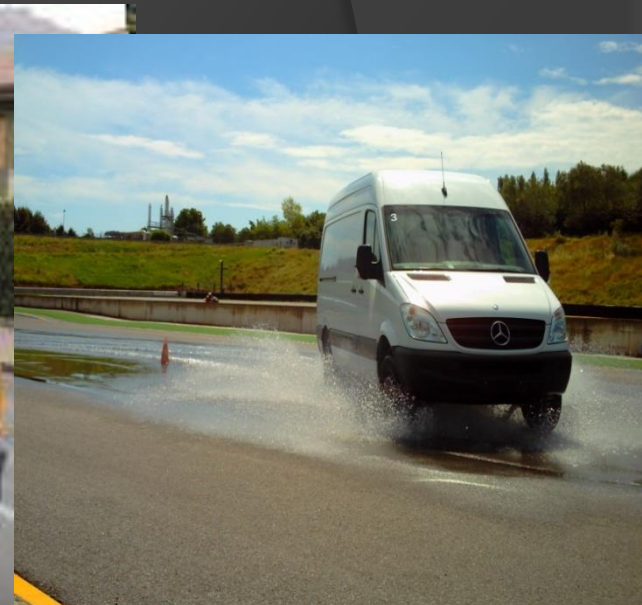




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I.E. TO DRIVE TO THE RESORTS ... (SAFETY DRIVING CAMPS)



(NOT RACING DRIVING CAMPS)





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I.E. TO EXPLAIN AND CREATE A
RELATIONSHIP WITH A GROUP





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**IN OUR OPINION:
THE SPEED TEST CAN
BE USEFUL FOR HIGH
LEVEL TRAINERS
BUT IT IS NOT USEFUL
TO ENSURE SAFETY ON
SLOPES AND DURING
FREERIDE OR LEISURE
SKIING**





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What are Skills ?

**THEY ARE THE ABILITY TO PUT
KNOWLEDGE INTO ACTION (SEE ABOVE)**

**THE INSTRUCTOR MUST BE ABLE TO
TRANSMIT KNOWLEDGE TO PUPILS
(THROUGH ROLE PLAYING, EXERCISES, SHOW & TELL,
DETECT YOURSELF)**





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What is Behavior ?

- **EMOTIONAL SAFETY (FEAR)**
- **PSYCHOLOGICAL SAFETY (ATTITUDE)**





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EMOTIONAL SAFETY

- **INSTRUCTORS MUST SHOW THEY ARE RELIABLE AND TRUSTWORTHY**
- **PUPILS SHOULD BE ABLE TO TRUST THEIR INSTRUCTORS**
 - **NO FEAR – NO DOUBTS – NO UNCERTAINTIES (INSTRUCTORS' BEHAVIOR)**





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PSYCHOLOGICAL SAFETY

- **INSTRUCTORS MUST TEACH THEIR PUPILS HOW TO BE CONSIDERATE THEMSELVES**
 - **TO AVOID WORTHLESS RISKS**
- **TO RESPECT THE RULES, TO BE POLITE**
(NOT TO BE A BULLY)





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Behavior:

- **THE INSTRUCTOR MUST SHOW AWARENESS AND MATURITY IN SECURITY MATTERS**
- **WHAT ARE HIS / HER TRUE VALUES ?**
- **WHAT DOES HE / SHE SUGGEST TO THE PUPILS ? (BODY LANGUAGE)**
- **IS HE / SHE AN EDUCATOR ?**



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Why all those skies? Why there?





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**MAYBE THE
INSTRUCTOR
DID NOT
SHOW, TELL
AND FORCE
HIS / HER
PUPILS TO
BEHAVE
CORRECTLY**

**AND DID HE / SHE DO
IT HIM / HERSELF ?**



fouThink.com





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**AND TO CONCLUDE,
ONE CHALLENGING QUESTION :**

**IS THE PRESENT AGE (18) CORRECT
FOR OUR INCOMING
INSTRUCTORS ?**





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OUR ANSWER :

**OUR PRESENT REPORTS SHOW THAT AT
18 :**

- **THEY ARE AT THE BEST OF THEIR
PHISYCAL ABILITIES
(I.E.TO PASS ANY SPEED TEST)**
- **BUT MAYBE THEY ARE A LITTLE BIT
TOO BULLY**



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**THEY STRUGGLE TO REMAIN IN
CONTROL AT ALL TIMES AND,
THEREFORE, SOMETIMES ARE NOT THE
ADEQUATE PEOPLE TO LEAD A GROUP
SAFELY !!**





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THANK YOU
FOR YOUR ATTENTION

THE SAN MARINO STAFF

BUDAPEST OCT 2011

